# Lent for kids!

Lent is a time for people to focus on why we need Jesus and drawing closer to him. While some of the aspects of Jesus, faith, and the story of Easter may be confusing for young children, it is never too early to start talking with them and telling them the stories about Jesus' life on earth.

In this activity, you will have two times a week where you can engage with your child and talk about why Jesus is such a big deal. We recommend you taking time on Wednesday and Sunday to do these devotionals as a family, but choose which day work best for your family. You may even choose to do both activities on one day and that is okay, too!

There are various components and ways that you can use this study.

There are different components for different ages. The Resurrection Egg activity is geared for Early Childhood and Early Elementary. The discussion questions are geared toward Elementary and Preteen children. As the parent you can personalize each time to fit the needs of your family.

#### Here's the order we suggest:

**HIDE THE EGG** - You can begin the activity each day by hiding your egg somewhere in your home. You will fill it with the designated item(s). Feel free to be as creative or lazy with this as you wish. The items inside should help you discuss the story and give them a visual reminder. Tell them that you will be learning about why that item is in there after you read the story together.

**BIBLE STORY** – Each day there is a Bible story about Jesus. We recommend using the Bible for Kids app on your phone or tablet. It has an interactive way for your child to get into the story. We are also including the story reference in the Bible so you can read it to them or read it yourself and summarize. On most days the story corresponds to a story in The Jesus Storybook Bible and we have put those references in as well. It could also be great to find the story in their own Bible. Whatever method you choose, going through the story with your child is a wonderful blessing for them and you.

**EGG ACTIVITY -** Spend a minute talking about why that particular item was in the egg. Some items have activities that you are to do as well.

**QUESTIONS FOR DISCUSSION & APPLICATION** – After you have read/told/interacted with the story, there is a question for you to discuss together. The question is very simple so make sure you ask follow up questions if you child is old enough to understand. It can also be good for you to share your own answer to the question. When you are done discussing, make sure you reinforce the story and what it teaches us about Jesus.

**DISCUSSION QUESTIONS FOR ELEMENTARY** - Spend some time talking with you child(ren) about the bible story and how it relates to them.

**CLOSE IN PRAYER** – End each devotional time together with prayer. Praying with/for your child can be powerful for both them and you.

We are already praying for your time together as you anticipate the celebration of Easter. Let us know if there is anything we can do to help you on this journey.
Hayley & Michelle Summit Kids Staff

# Supplies List

- Bible App
- Bible
- Read With Me Bible or Storybook Bible
- 14 Plastic Easter Eggs
- Pictures Print the following Pictures and cut out
  - 1. Picture of Lamb
  - 2. Candy Cane or Picture of Baby Jesus
  - 3. Picture of a Heart or a Heart Tattoo or Sticker
  - 4. Cloth/ Picture of a mat
  - 5. Praying Hands
  - 6. Stone
  - 7. Picture of a Mountain / Bubbles
  - 8. Fish & Bread
  - 9. Fake Money
  - 10. Picture of a Donkey
  - 11. Picture of Communion/Last Supper
  - 12. Picture of a Coin
  - 13. Picture of a Cross
  - 14. None Empty

## **OPTIONAL ITEMS**

- Heart Tattoo (February 24th)
- Bubbles (March 7th)
- Baking Soda, Lemon, Dish soap (March 28th)

# Wednesday, February 17 - The Plagues and the Passover

**Main Idea** – Before Easter, the Jewish people celebrated the Passover Festival. The Jews believed in the prophecy of the Messiah was to come. Passover is a celebration where we remember what God did for the Israelites in Egypt and how God protected them. It also foretells the story of Jesus who became the Lamb of God for us.

**In The Egg** – A picture of a lamb to remind us of the Passover lamb and that God protected the Israelites.

#### **Bible Story**

In App – Let My People Go
In Bible - Exodus 7:14-12:32
In Read With Me Bible - The Plagues.(P. 104 -120)

Jesus Storybook Bible -God to the Rescue (P. 94-99)

- 1. Why did God let bad things happen to Egypt? God let the plagues happen because Pharaoh did not listen.
- 2. Read Ephesians 3:16-19 How can you draw near to God?
- 3. What can you give up or fast from for Lent?
- 4. Who and what can you focus on praying for?

# Sunday, February 21 - The First Christmas Gift

**Main Idea** - God came to earth as a little baby! He came as 100% man and 100% God. How? It's only possible because he's God! Jesus was a present for the whole world – the best gift ever!

**In the Egg** – A picture of a Candy cane. The Candy Cane reminds us of Christmas. They look like the shepherds' staffs and they look like the letter "J" for Jesus.

### **Bible Story**

In app – The First Christmas Gift
In Bible – Luke 1:26-38; 2:1-20; Matthew 1:18-25
In Read With Me Bible - Jesus is Born - (P. 256-259)
In Jesus Story Book Bible - He's Here – the Nativity (P.176 – 183)

- 1. What is the best present you ever got?
- 2. What is the best present you ever gave away? Who did you give it to?
- 3. Why do you think God sent Jesus as a baby? God loved His Son so much but He was willing to let Him come to earth because He loves us so much too!

# Wednesday, February 24th - Jesus is Baptized

Main Idea – Jesus was baptized.

In the Egg - Picture of a Heart

**Activity -** Using a Heart Tattoo, use water to put on the tattoo and talk about how Jesus was baptized in water. Wear this heart to remember how much God loves his Son Jesus, and how much He loves us.

#### **Bible Story**

In the app – The Beloved Son – Jesus is baptized

In the Bible Matthew 3:1-3, 13-17; Luke 3:15-16; John 1:29; Malachi 3:1

In Read With Me Bible - Jesus is Baptized (P.288--289)

In the Jesus Storybook Bible - Heaven breaks through (P.200 – 207)

- 1. What is something that you love very much?
- 2. Who was John the baptist?
- 3. What is baptism?

# Sunday, February 28 - Jesus is Tempted

**Main Idea** – Jesus faced temptation but didn't sin. We all struggle with temptation. Sometimes it is hard to do the right thing. It can be hard to not make bad choices. When we make bad choices that is sinning. Jesus never made a bad choice – he never sinned!

**In the Egg** - Picture of Desert to remind us that Jesus was tempted in the desert.

**Activity** - Using the sandpaper let your child feel the sandpaper and see how rough/hard. Explain that sometimes life is rough and it is hard to do the right thing but God wants us to make the wise choice.

#### **Bible Story**

In the app – A Test in the desert – Jesus is tempted

In the Bible – Matthew 4:1-11

In Read With Me Bible - this story is not in this Bible

In the Jesus Storybook Bible - Let's go! (P. 208 - 209)

- 1. Are there things that you know you shouldn't do but you want to do them anyways?
- 2. Do you think it is hard to not sin when you are tempted?
- 3. When are you tempted to make bad choices?
- 4. Jesus used the Word of God when He was tempted, What can you do when you are tempted?

# Wednesday March 3 - The Sermon on the Mount

**Main Idea** – Jesus was an amazing teacher. Jesus came to teach us. Jesus talked about not worrying.

In the Egg - Picture of the Mountain

**Activity** - Using Bubbles, Jesus talked about not being scared or worrying about anything. Talk about some things which scare you and then blow the bubbles. As the bubbles go up, imagine giving those scary worries to God.

#### **Bible Story**

In the app – The King and the Kingdom

In the Bible - Matthew 4:23 – 7:29; John 18:36-37

In Read With Me Bible - Jesus Teaches about Prayer - (P. 298)

In the Jesus Storybook Bible - The Singer (P. 228 – 235)

- 1. Who is your favorite teacher ever? (or if they've never had a teacher, is there anyone who has ever taught them anything)?
- 2. What is your favorite thing to learn about? Jesus taught us all about the best way to live!

# Sunday, March 7 - Healing the Paralyzed Man

**Main Idea** – Jesus did a lot of teaching but he did more. Jesus spent time healing people, performing miracles and forgiving others. Jesus has the power to forgive sins. This man had friends who cared about him so much they brought him to Jesus to heal him. Jesus can heal us too by taking away our sins when we have made bad choices!

**In the Egg** – Picture of a mat This picture represents the mat that the man was on and later asked to pick up and carry.

## **Bible Story**

In the app - Through the Roof

In the Bible - Luke 5:17 - 26

In Read With Me Bible -A Man who Could not Walk - (P. 300-303)

In the Jesus Storybook Bible – this story is not in this Bible

- 1. Who are some of your best friends?
- 2. Share a time when someone was a friend to you or you were a good friend to someone.
- 3. How can you be a good friend?

# Wednesday, March 10 - Jesus Heals a Girl

**Main Idea** – Jesus has the power to heal people. The little girl in the story had family and friends who prayed for her before Jesus healed her.

**In the Egg** – Picture of Praying Hands – Talk for a minute about prayer. Prayer helps draw us close to God. What is something you would like to pray to Jesus about.

#### Bible Story

In the app – Time to get up

In the Bible - Luke 8:40-42, 49-56

In Read With Me Bible - A Girl Who Died (P. 308-311)

In the Jesus Storybook Bible - A little girl and a poor frail lady (P.214 – 220)

- 1. Have you ever been sick before? Jesus is so powerful that he can heal us from sickness and death!
- 2. Prayer is powerful, have you had a prayer answered?

# Sunday, March 14 - Jesus Feeds 5,000

**Main Idea** – Jesus performed different miracles. One of them was feeding many people. People listening to Jesus teach were very hungry. There was not enough food but Jesus was able to take care of all of them. Jesus shows us that we can trust God to care for us!

**In the Egg** – Picture of fish & bread. This picture is to help us remember how Jesus helped to feed people when they needed food and Jesus will provide for us too.

#### **Bible Story**

In the app – The Big Picnic
In the Bible – Mark 6:30 – 44
In Read With Me Bible - Jesus Feeds 5,000 (P. 312-317)
In the Jesus Storybook Bible – Filled full (P.244 – 249)

- 1. Have you ever been really hungry before? What did you do?
- 2. Prayer is powerful. Have you had a prayer answered?

# Wednesday, March 17 - A Father and His Two Sons

**Main Idea** – There is nothing we can do to stop God from loving us! Jesus told a story about a son who ran away from home with his inheritance. But in the story, even though he was sad, the dad still loved his son so much. Just like the father loved his son there is nothing we can do to stop God from loving us!

**In the Egg** – Picture of a dollar bill. This will remind you of the son that asked for his inheritance and left.

#### Bible Story

In the app – Coming Home

In the Bible - Luke 15:1-3, 11-32

In Read With Me Bible - The Story of the Lost Son (P. 344-349)

In the Jesus Storybook Bible - Running away (P.272 – 279)

- 1. What would you do if you could run away from home with a lot of money and toys?
- 2. Which toys or belongs would you take with you?

# Sunday, March 21 - The Triumphal Entry

**Main Idea** – Jesus comes to Jerusalem. Jesus chose to ride into the town on a donkey and everyone worshipped him because Jesus is our King! Jesus is our King!

In the Egg – Picture of a donkey to remember Jesus is the King rode on a donkey.

#### **Bible Story**

In the app – The Donkey and the King

In the Bible – Matthew 2:1-11; John 12:16-19; Luke 19:36-40

In Read With Me Bible - Jesus Enters Jerusalem - (P. 358-361)

In the Jesus Storybook Bible – this story is not in this Bible (see idea list in the back for an optional story)

- 1. What is your favorite animal and why?
- 2. Would you want to ride this animal if you could?
- 3. What do you think of Jesus' riding on a donkey?
- 4. Do you think this is how a King would have entered a City?
- 5. Would you go to Jerusalem if you knew you might be killed?

# Wednesday, March 24 - The Last Supper

**Main Idea** – Jesus wants us to remember how much He loves us with communion. Jesus knew that he was going to have to say goodbye to his friends and it was going to be hard, but he left us a way to remember Him. Jesus wants us to remember how much He loves us!

**In the Egg** – Picture of communion

#### **Bible Story**

In the app – A Goodbye Meal

In the Bible – Matthew 26:14-16; John 13:26-30; Mark 14:12-26

In Read With Me Bible - Lord's Supper - (P. 370-373)

In the Jesus Storybook Bible – The Servant King (P.286 – 293)

- Have you ever had to say goodbye to someone before?
- 2. What do you think Jesus meant with the wine and bread?
- 3. Why do we take communion in church now? It is to remember the last supper and what Jesus did on the cross. The bread is the body broken and wine symbols bloodshed.

  (Bread/Wine/Grape Juice)

# Sunday, March 28 - Jesus is Arrested

**Main Idea** – Jesus prayed to the father and the disciples kept falling asleep. Jesus was fully human and fully man. He cried out to God to stop what is coming but for Father's Will to be done. Jesus knew he was going to die. Jesus was betrayed and hurt by his friends and enemies. Jesus understands how hard life can be!

In the Egg – A picture of a coin. This picture reminds us of the betrayal of Jesus' friend.

**Activity** - Forgiveness fizz! You will need some baking soda, dish soap and a lemon.. Put one tablespoon of baking soda in a clear cup, add a squirt of soap then squish the lemon juice over and watch it bubble, fizz and dissolve. As you watch it talk to your child about who they need to forgive and what forgiveness means.

#### **Bible Story**

In the app – In the Garden

In the Bible – Matthew 26:31-75: John 18:1-8

In Read With Me Bible - Jesus Prays in Gethsemane & Jesus is Arrested (P. 374-381)

In the Jesus Storybook Bible - A dark night in the garden (P. 294 – 301)

- 1. Have you ever been hurt by someone (maybe what they said or did to you?)
- 2. Have you ever gotten upset?
- 3. How would you feel if you were Jesus?
- 4. Where do you think Jesus' strength and courage had come from?
- 5. Have you ever had a friend betray you? What did you do? Did you forgive them?

# Wednesday, March 31 - The Cross

**Main Idea** – Pilate's soldiers made fun of Jesus, they mock him, spit on him, he gave him a crown of thorns. Jesus was killed so that our sins could be forgiven and we could be with Him forever! Jesus showed us how much He loves us by dying on the cross.

**In the Egg** – A picture of a cross. Use this to remind you how Jesus died. Jesus died because he loves us so much. Jesus had to die so that we could be with them forever in Heaven.

#### Bible Story

In the app – It is Finished

In the Bible – John 18:28-19:42; Luke 23:34-35, 44-45

In the Read with Me Bible - Jesus Goes to Pilate (P.- 382 - 397)

In the Jesus Storybook Bible - The sun stops shining (P. 302 – 309)

- 1. What do you think of Jesus having to carry the cross?
- 2. Can you imagine how much Jesus suffered?
- 3. Can you imagine how it felt to leave Jesus' body that day?
- 4. Has someone ever done something for you that showed how much they loved you? Who was it and what did they do
  - It's amazing that Jesus loved us so much that he was willing to die for us!

# Sunday, April 4 - The Empty Tomb

**Main Idea** – Two days after the Stone was rolled away. Mary Magdalene and her friends brought spices to the tomb. - She cried but then realized the stranger was Jesus rose from the dead! Jesus was able to do something that seemed impossible – Jesus rose from the dead! Jesus is still alive today and we can live forever with him in Heaven. That first Easter really was the BEST DAY EVER! Jesus is ALIVE!

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In the Egg – nothing – it is empty like the tomb! Yay!

Bible Story

In the app – A Happy Sunday

In the Bible – Mark 16:1-4; Matthew 28:1-10, 18-20; John 20:3-10; Luke 24:1-12, 36-49

In the Read with Me Bible - Tomb is Empty - (P. 398)
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In the Jesus Storybook Bible – God's wonderful surprise (P. 310 – 317)

#### **Discussion Questions:**

- What is the best day you have ever had?
- How do you celebrate Jesus' resurrection?
- Who can you tell and share this news with?
- Have you accepted the free gift of eternal life?
- Do you believe in Jesus?

Parents now it is time to pray with your children. For older kids you can talk about Salvation and if they have not accepted Jesus here is a simple prayer for them if they are ready.

#### **Salvation Prayer**

Dear Lord Jesus, I know that I am a sinner, and I ask for Your forgiveness. I believe You died on the cross for my sins and rose from the dead. I turn from my sins and want You to come into my heart and life. I want to trust and follow You as my Lord and Savior. Help me to live my life for you. Amen

# **Easter Story Cookies**

Spend some time with your child making these cookies and sharing the Easter story.

#### You will need:

1c. whole pecans 1 tsp. vinegar 3 egg whites a pinch salt 1c. sugar zipper baggie wooden spoon tape

- Preheat oven to 300 degrees
- Place pecans in a zipper baggie and let children beat them with the wooden spoon to break into small pieces.

**EXPLAIN** that after Jesus was arrested, the Roman soldiers beat him. Read John 19:1-

• Let each child smell the vinegar. Put 1 tsp. vinegar into a mixing bowl.

**EXPLAIN** that when Jesus was thirsty on the cross he was given vinegar to drink. Read John 19:28-30.

Add egg whites to vinegar. Eggs represent life.

**EXPLAIN** that Jesus gave His life to give us life. Read John 10:10-11.

• Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl.

**EXPLAIN** that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sin. Read Luke 23:27.

• So far the ingredients are not very appetizing. Add 1c. sugar.

**EXPLAIN** that the sweetest part of the story is that Jesus died because He loves us. He wants us to know and belong to Him. Read Ps. 34:8 and John 3:16.

• Beat with a mixer on high speed for 12 to 15 minutes until stiff peaks are formed.

**EXPLAIN** that the color white represents the purity of those whose sins have been cleansed by Jesus. Read Isaiah. 1:18 and John 3:1-3.

• Fold in broken nuts. Drop by teaspoons onto wax paper covered cookie sheet.

**EXPLAIN** that each mound represents the rocky tomb where Jesus' body was laid. Read Matt. 27:57-60.

• Put the cookie sheet in the oven, close the door and turn the oven OFF. Give each child a piece of tape and seal the oven door.

**EXPLAIN that Jesus' tomb was sealed.** Read Matt.27:65-66.

• Go to bed!

**EXPLAIN** that they may feel sad to leave the cookies in the oven overnight. Jesus' followers were in despair when the tomb was sealed. Read John 16:20 and 22.

• On Easter morning, open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow!

**EXPLAIN** on the first Easter Jesus' followers were amazed to find the tomb open and empty.

